

Bailey SJ<sup>1</sup>, Romer LM, Kelly J, Wilkerson DP, DiMenna FJ, Jones AM.

**Inspiratory muscle training enhances pulmonary O<sub>2</sub> uptake kinetics and high-intensity exercise tolerance in humans.**

J Appl Physiol (1985). 2010 Aug;109(2):457-68. doi: 10.1152/japplphysiol.00077.2010. Epub 2010 May 27.

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